

**GENDER AFFIRMING ANTHEM-UC SHIP
IN-NETWORK THERAPISTS
& OTHER COMMUNITY RESOURCES**



*(MOST PROVIDERS NOW OFFER TELEHEALTH. Ask when you call or message.
A UC SHIP referral is only needed for providers located within 50 miles of UCR.)*

GENDER AFFIRMING ANTHEM-UC SHIP IN-NETWORK THERAPISTS

<p>ALMA – In-Person and Online options Affiliated gender affirming providers: Alexandra Corrine Truman, LMFT Andrea Stocker, LCSW Michael Southerland, LMFT Lena Allos, PNP– Medication Management Kendall Haydel, PNP – Medication Management www.http://helloalma.com</p>	<p>COLLABORATIVE PSYCHOLOGY GROUP, APC Multiple locations: 5051 Canyon Crest Dr. Ste. 204, Riverside, CA, 92508 3880 Lemon St, Riverside, CA, 92501 41760 Ivy St., Ste. 204, Murietta, CA, 92562 Phone: 951-682-1488 www.collaborativepsychgroup.com</p>
<p>LAURA CUEVA-MILLER, PHD 3590 Central Ave. #202 Riverside, CA 92506 Phone: 951-788-6006 Email: drlauracm@gmail.com</p>	<p>EXPANSIVE THERAPY <i>Mostly Online, All California or New York Licensed</i> Jasyn Lezin, LCSW Nicole Minor, AMFT Anjna Champaneri, ACSW Mal Godha, APCC Katrina Dela Cruz, LCSW Amira Gregory, ACSW Laura Newberry, ACSW Nick Fager, LMHC, LPCC Dara Wells-Hajjar, LCSW Jennifer Chou, LCSW Garrett Weinstein, AMFT – In-Person and online Megan Murphy, LPCC – In-Person and online Suzan Howe, Clinical Director, LMFT <i>All therapists above can also be found on:</i> https://www.psychologytoday.com/us https://expansivetherapy.com/therapists/ca</p>
<p>LYNN FLEWELLING, LMFT - WPATH member In-person and Online 101 East Redlands Blvd. Ste. 234F Redlands, CA 92373</p> <ul style="list-style-type: none"> • Specializes in Trauma and PTSD, Transgender and Women’s Issues <p>Phone: 951-249-7684 https://www.psychologytoday.com/us/therapists/lynn-flewelling-riverside-ca/245052</p>	<p>FORESIGHT MENTAL HEALTH In-person and/or online individual and group therapy and psychiatry available</p> <ul style="list-style-type: none"> • Search by service, location, or clinician OR select “Request appt.” • Confirm: <ul style="list-style-type: none"> - Email address: UCR email - Insurance: Anthem, Blue Cross Blue Shield, or SHIP - University: UC Riverside

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	<ul style="list-style-type: none"> • Search provider “Bio” for LGBTQI+ and “gender identity” or “transgender” specialties <p>Has offered Transgender & nonbinary support groups (online)</p> <ul style="list-style-type: none"> • Typically 8 or fewer people facilitated by licensed therapist • One hour per week for 8, 10, or 12 weeks <p>Phone: 888-588-8995 Contact: https://www.foresightmentalhealth.com/patient-information/contact-us/</p>
<p>ERICA KHAMVONGSA, LMFT LIFESTANCE HEALTH 4361 Latham St. Ste. 220 Riverside, CA 92501 Phone: 909-403-6824</p> <ul style="list-style-type: none"> • Also offers online therapy <p>https://www.psychologytoday.com/us/therapists/erica-l-khamvongsa-riverside-ca/1300542</p>	<p>LANDON MARTIN, LCSW FOOTHILLS PSYCHOLOGICAL SERVICES, INC. 9089 Baseline Rd. Ste. 200 Rancho Cucamonga, CA 91730 Phone: 909-980-3567 https://www.foothillpsych.com/rancho-cucamonga</p>
<p>JEANETTE MARIE MERCHANT, MFT https://www.rula.com/providers/CA/1053445676-jeanette-merchant?utm_source=share_button</p> <p>Associated Clinicians: ALEXANDRA CORRINE TRUMAN, LMFT https://secure.helloalma.com/providers/alexandra-truman/</p> <p>7888 Mission Grove Pkwy. S. Riverside, CA 92508 Phone: 323-798-7413</p>	<p>DIANA LISSETTE MORAN, LMFT Associated Clinicians: Alejandra Sosa-Chora, LMFT Cynthia Garrison, LMFT Natasha Collins, LMFT Christina Judeh, LMFT 2280 Market St. Ste. 145 Riverside, CA 92501 Phone: 628-200-0904</p>
<p>JUAN MORIEL, PSYD, LMFT, LPCC 3400 Central Ave. Ste. 310 Riverside, CA 92506 Phone: 626-676-2419 www.juanmoriel.com</p>	<p>JANE ANNE NORRIS, MFT 6809 Indiana Ave. Ste. 137 Riverside, CA 92506 Phone: 714-390-9893</p>
<p>OCTAVE THERAPY</p> <ul style="list-style-type: none"> • Online therapy 	<p>POSITIVE PSYCHOLOGY, INC In-person & Online Options QTBIPOC Affirming Therapy and Testing Provider</p>

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<ul style="list-style-type: none"> LGBTQ+-affirming Individual therapy, groups, and workshops Accepts UC SHIP Anthem Blue Cross. www.findoctave.com/queer-resilience-clinic 	<p>Accepts multiple insurances including Anthem BC/BS, Medicare, Optum, & TriCare 8765 Aero Dr. Ste. 228 San Diego, CA 92123 Phone: (858) 876-7779-8588 Multiple Locations: San Diego, Imperial Valley, & Los Angeles https://positivepsychologyinc.com/welcome</p>
<p>PSYCHEALING COUNSELING CENTER NHUNG PHAN, PSYD, QME 1011 North Begonia Ave. Ste. 1009 Ontario, CA 91762 Phone: 800-683-2945 www.healingpcc.com</p>	<p>PSYCHOLOGICAL AND SUBSTANCE ABUSE SERVICES, INC. Practice of DR. TY JONES, PSYD Offers therapy & psychological/ADHD/LD testing 21250 Box Springs Rd. Ste. 203 Moreno Valley, CA 92557 Phone: 951-335-5858 Fax: 951-335-5870 www.psychservices.online/</p>
<p>STACY RICHARDSON, LMFT 3600 Lime St. Bldg. 2 Riverside, CA 92501 Phone: 951-758-8855 https://www.psychologytoday.com/us/therapists/stacy-richardson-rancho-mirage-ca/904295</p>	<p>JENNIFER SUZANNE ROBERTS, LMFT 5225 Canyon Crest Dr. Ste. 100 Riverside, CA 92507 Phone: 323-205-7088 https://www.psychologytoday.com/us/therapists/jennifer-roberts-orange-ca/1247076</p>
<p>RULA (formerly Path Mental Health) –</p> <ul style="list-style-type: none"> Online therapy and psychiatry <p>Phone: (323) 205-7088 support@rula.com www.rula.com</p> <p>Some RULA Gender Affirming Clinicians: RICKEY BATES, LCSW - Phone: 951-470-2395 SHARON DOBBS, LCSW - Phone: 951-228-3998 MAIKO S KING, LMFT - Phone: 415-306-8519 KELLY LLOYD, LMFT - Phone: 323-543-0570 JEANETTE MARIE MERCHANT, MFT - Phone: 323-798-7413 RAMON ORTEGA-CABALLERO, LCSW - Phone: (323) 977-7284 SAMUEL JENKINS, LCSW - WPATH member - Phone: 909-414-2271 VICTORIA MARIE PAPPAS, LMFT - Phone: 909-757-5119</p>	<p>SOULTENDERS Multiple Locations including Online Affiliated providers: ALEX RHODES, LCSW (online) PAM PUDEWA, LMFT (online) TAMMY TURK, LMFT (online) JENNIFER WALKER, LMFT *Spanish (Arcadia) BETHANY DUNN, LCSW (Cerritos)</p> <p>https://www.soultenders.com/</p> <ul style="list-style-type: none"> - Find a therapist - Filter Therapy Categories - Issues: “Transgender” - Apply Quick Search - (Location, if applicable)

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<p>NANCY TALLEY, LMFT 41870 Kalmia St. Ste. 155 Murietta, CA 92562 Phone: 951-319-2341</p>	<p>TRUEVOLUTION INC. & INLAND EMPIRE LGBTQ+ CENTER 3839 Brockton Ave. Riverside, CA 92501</p> <ul style="list-style-type: none"> • Counseling & Therapy • Gender Affirming Mental Healthcare • Support Groups • Behavioral Health Investigative Research Laboratory <p>Phone: 951-888-1346 Toll-free: 877-890-1169 Email: info@truevolution.org www.truevolution.org</p>
<p>GRACE E. USIGBE, MFT 4049 Brockton Ave. Riverside, CA 92501 Phone: 951-300-8124</p>	<p>WELLTRACK CONNECT</p> <ul style="list-style-type: none"> • In-person and/or online • On WELLTRACK CONNECT multiple specialties can be selected including "trauma/PTSD," "anxiety," and/or "Gender Identity," or any other areas of interest. • Insurance: "Anthem (UCSHIP)." <p>Phone: 866-285-1977 https://welltrack-connect.com/</p>
<p>SUSAN ZELENER, PHD 255 Terracina Blvd. Ste. 204 Redlands, CA 92373 Phone: 909-798-1763</p>	<p>ZEN CARE - Online Eric Samuels, PSYD – In-Person Berkeley and online California Karel Winner, PNP – Medication Management – Online only Justine Wright, LMFT – English & Spanish - In-Person and online https://zencare.co/us/california/therapists/insurance/anthem-blue-cross?specialties=gender-identity</p>

UCR HEALTH AND CAMPUS-AFFILIATED PROVIDERS

<p>DR. ROB CASTANOS, PSYCHIATRIST UCR Health Multispecialty Center 3390 University Ave. Suite 115 Riverside, CA 92501 Phone: 844-827-8000 x 4 Fax: 951-263-7238</p>	<p>DR. GINA VALDOVINOS, PSYCHIATRIST UCR Student Health Services Student Health and Counseling Center 388 W. Linden St. Riverside, CA 92507 Phone: 951-827-3031</p>
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<p>DR. JAMI WOODS, PSYCHIATRIST & HRT PROVIDER UCR Health Multispeciality Center 3390 University Ave. Suite 115 Riverside, CA 92501 Phone: 844-827-8000 x 4 Fax: 951-263-7238</p>	<p>DR. TOSHIA YAMAGUCHI, PSYCHIATRIST UCR Health Multispeciality Center 3390 University Ave. Suite 115 Riverside, CA 92501 Phone: 844-827-8000 x 4 Fax: 951-263-7238</p>
<p>AYOKA BELL, PSYD - WPATH member UCR Counseling and Psychological Services Student Health and Counseling Center 388 W. Linden St. Riverside, CA 92507 Phone: 951-827-5531 www.counseling.ucr.edu</p>	<p>NICOLE PITSAVAS, PSYD UCR Counseling and Psychological Services Student Health and Counseling Center 388 W. Linden St. Riverside, CA 92507 Phone: 951-827-5531 www.counseling.ucr.edu</p>
<p>UCI HEALTH PEDIATRIC GENDER DIVERSITY PROGRAM Orange County's only interdisciplinary program dedicated to caring for transgender and gender-expansive individuals up to age 26. Supportive, affirming services offered include patient and family counseling, puberty suppression, gender affirming hormone therapy, and community connections. 101 The City Drive South Pavilion 3 Orange, CA 92868 Phone: 714-456-6025 Email: genderdiversity@hs.uci.edu www.ucihealth.org/medical-services/pediatric-gender-diversity</p>	<p>UCLA GENDER HEALTH PROGRAM</p> <ul style="list-style-type: none"> • Primary care • Hormone therapy • Facial reconstruction • chest/top surgery • Genital reconstructive/bottom surgery • Gynecological care • Voice therapy & voice surgery • behavioral health services <p>Multiple L.A. area locations. Call or email for details. Phone: 310-267-4334 Email: genderhealth@mednet.ucla.edu or LGBTQ+@mednet.ucla.edu www.uclahealth.org/gender-health/</p>
<p>UCLA HEALTH PLASTIC SURGERY JUSTINE C. LEE, MD, PHD (Craniofacial Surgery/FFS/MFS) 200 Medical Plaza, Ste. 460 Los Angeles, CA 90095 Phone: 310-825-5510 Fax: 310-825-5510 www.uclahealth.org/providers/justine-lee</p>	<p>RIVERSIDE PLASTIC SURGERY DR. BEN CHILDERS (Top Surgery) (Accepts Anthem UC SHIP referrals) 4605 Brockton Ave., Ste. 200 Riverside, CA 92506 Phone: 951-332-7318 www.benchildersmd.com</p>

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IN-NETWORK HORMONE THERAPY (HRT) PROVIDERS

<p style="text-align: center;">UC HEALTH - AFFILIATED HRT PROVIDERS</p> <p>DR. JAMI WOODS, PSYCHIATRIST & HRT PROVIDER UCR Health Multispecialty Center 3390 University Ave. Suite 115 Riverside, CA 92501 Phone: 844-827-8000 x 4 Fax: 951-263-7238</p> <ul style="list-style-type: none"> • Telehealth available <p>DR. HODA MOJAZI-AMIRI, ENDOCRINOLOGIST UC Irvine Health 18637 Yorba Linda Bl. Yorba Linda, CA 92886 Phone: 714-790-8600</p> <ul style="list-style-type: none"> • Telehealth available 	<p>DR. MARIO PEREZ CARCAMO, ENDOCRINOLOGIST Riverside Community Hospital 4440 Brockton Ave. Suite 420 Riverside, CA 92501 Phone: 951-684-8020</p> <ul style="list-style-type: none"> • TGD patients up to 25 y/o • Languages: English, Spanish <p>https://www.riversidemedicalclinic.com/doctors/webster-john-do/</p>
<p>DR. SABTIR SINGH, ENDOCRINOLOGIST Riverside Medical Clinic 6405 Day Street Riverside, CA 92507 Phone: 951-697-5620</p> <p><i>TGD patients need letter(s) from therapist, current labs, last visit notes, and confirmation of insurance. As of 3/2023, first available appointments are in July 2023.</i></p> <p>https://www.riversidemedicalclinic.com/doctors/singh-satbir-md/</p>	<p>DR. JOHN WEBSTER, ENDOCRINOLOGIST Riverside Medical Clinic – Mission Grove 19314 Jesse Ln., Suite 100 Riverside, CA 92508 Phone: 951-321-6309</p> <p>https://www.riversidemedicalclinic.com/doctors/webster-john-do/</p>
<p>DR. SHADI ABDELNOUR, ENDOCRINOLOGIST via Telehealth Indian Health Inc. – <i>Native American patients only</i> 11980 Mount Vernon Ave. Grand Terrace, CA 92313 Phone: 909-864-1097</p> <p>https://www.cedars-sinai.org/provider/shadi-abdelnour-1883231.html</p>	<p>LOMA LINDA FACULTY MEDICAL CLINICS</p> <ul style="list-style-type: none"> • Multiple HRT providers for TGD patients • Appointment with HRT specialist can be made after confirmation of supportive documentation (diagnoses, patient medical history, letter(s), etc.) <p>11370 Anderson St. Suite 3400 Loma Linda, CA 92354 Main phone: 877-558-6248 Endocrinology direct: 909-558-2838</p>

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<p>DR. SANDEEP SODHI, ENDOCRINOLOGIST 1820 Fullerton Ave., Suite 230 Corona, CA 92881 Phone: 949-630-0008</p>	<p>BEAVER MEDICAL GROUP DR. CHUKA AKAMNONU, ENDOCRINOLOGIST 245 Terracina Bl. Suite 209c Redlands, CA 92373 Phone: 909-793-3311 <i>Must be a current or new Beaver Medical Group patient and see Beaver physician for primary care.</i></p>
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**OTHER (OUT OF NETWORK) AND REGIONAL SOURCES FOR GENDER AFFIRMING
HEALTHCARE, INFORMATION, & SUPPORT**

<p>LUIS BATTISTONE, LMFT - WPATH member 490 Alabama St., Ste. 106, Redlands, CA 92373 Phone: 909-239-2496 https://www.lbattmn.com/</p>	<p>PAUL BAUM, LCSW - WPATH member 4481 Flat Rock Road, Ste. 300 Riverside, CA 92505 Phone: 951-476-5642 https://victoriacounseling.squarespace.com/ https://www.psychologytoday.com/us/therapists/paul-baum-riverside-ca/1154899</p>
<p>CENTRAL COUNSELING SERVICES TRANSGENDER SUPPORT GROUP</p> <ul style="list-style-type: none"> • FREE support group for TGD adults 4th Thursday of the month, 6:30 – 8:00 pm • For other services, accepts IEHP, Beacon/Kaiser, Aetna and others or private pay <p>6840 Indiana Ave. Ste. 275 Riverside, CA 92506 Phone: 951-778-0230 Text: 951-323-2182 Email: info@centralcounselingservices.net</p>	<p>ROBIN COOPER, PSYD - WPATH member 310 N. Indian Hill Blvd, #67 Claremont, CA 91711 Phone: 909-667-1730 robincooperpsyd@gmail.com https://www.robincooperpsyd.com/ https://www.psychologytoday.com/us/therapists/robin-m-cooper-claremont-ca/1070883</p>
<p>CYTI PSYCHOLOGICAL 11801 Pierce St. Riverside, CA 92525 Phone: 866-478-3978 Fax: 866-473-0365 Email: info@cytipsyd.com https://cyticlinics.com/clinics/gender-care-services/</p>	<p>DAP HEALTH</p> <ul style="list-style-type: none"> • Multiple locations provide Transgender Health Care: Cathedral City, Desert Hot Springs, Palm Springs, San Jacinto <p>1695 N. Sunrise Way Palm Springs, CA 92262 Phone: 760-323-2118</p> <p>SAN JACINTO HEALTH CENTER 651 North State St. Ste. 5 San Jacinto, CA 92583</p>

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	<p>Phone: 951-487-8506</p> <ul style="list-style-type: none"> • Transgender Health Services <p>https://www.daphealth.org/lgbtq-care/ https://www.daphealth.org/?s=gender https://www.daphealth.org/locations/#el-d61319df</p>
<p>WESLEY DETWILER, PHD - WPATH member 471 E Tahquitz Canyon Way, Ste. 219 Palm Springs, CA 92262 Phone: 619-636-9444 Email: drwesley@detwilerpsychology.com www.detwilerpsychology.com</p>	<p>SHEREE EARLE, LCSW - WPATH member Online Therapy Only Alta Loma, CA 91701 Phone: 909-708-4014 https://www.psychologytoday.com/us/therapists/sheree-earle-alta-loma-ca/203318</p>
<p>OMAR GONZALES-VALENTINO, LMFT, LPC WPATH member Accepts Medicare, Medicaid, Medi Cal, IEHP 4175 Brockton Ave. Riverside, CA 92501 Phone: 951-888-1346 www.trueevolution.org/old-site/omar-gonzalez-valentino</p>	<p>DOJUANA HAIRSTON, LMFT, PSYD WPATH member Orange Psychiatric Medical Group 41670 Ivy St., Ste. C Murietta, CA 92562 Phone: 951-696-5220 www.orangepsychiatry.com/dojuana-hairston-psyd.html</p>
<p>INCLUSIVE THERAPISTS – CALIFORNIA</p> <ul style="list-style-type: none"> • In-person & Online Options <p>RACHEL LEILANI EDWARDS, LPCC Los Angeles SARAH FINCH, LMFT – Manhattan Beach WYATT OKEEF, LPCC – West Hollywood JAYA ROY, LCSW – San Diego DR. TAEKO UCHINO, PSYD – San Diego SAMUEL WEISS, LCSW – Lakewood https://www.inclusivetherapists.com/california/gender-affirming-care-tgnb</p>	<p>OPEN SPACE THERAPY COLLECTIVE, LPCC Art, Dance/Movement Therapy – In person in Los Angeles & Online throughout CA 2904 Sunset Blvd Suite 6, Los Angeles, CA 90026 Phone: (213) 534-7013 https://www.inclusivetherapists.com/california/los-angeles/open-space-therapy-collective</p>
<p>PLANNED PARENTHOOD OF THE PACIFIC SOUTHWEST - Gender Affirming Care</p> <p>RIVERSIDE FLASTER FAMILY CENTER 3772 Tibbetts St. Riverside, CA 92506</p> <p>MORENO VALLEY HEALTH CENTER 12900 Frederick St., Ste. C Moreno Valler, CA 92553</p> <ul style="list-style-type: none"> • Offers informed consent HRT services • Accepts Medi-Cal. 	<p>PROSPECT THERAPY - LGBTQ+ AFFIRMING PSYCHOTHERAPY</p> <ul style="list-style-type: none"> • Can provide letters <p>4510 CA-1 Ste. 540 Long Beach, CA 90804 Phone: 562-704-4736 www.prospecttherapy.com www.prospecttherapy.com/hrt-and-gcs-letters</p>

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<p>Phone: 1-888-743-7526 www.plannedparenthood.org/planned-parenthood-pacific-southwest/campaigns/transgender-health-services</p>	
<p>SAKURA THERAPY CENTER (Out of network) GABRIEL REYES MSSAD, LCSW WPATH member</p> <ul style="list-style-type: none"> • Inland Empire-based with online therapy only • All therapists are WPATH trained and can provide letters. <p>Email: admin@sakuratherapycenter.com www.sakuratherapycenter.com</p>	<p>TRACY SHOCKEY-POPE, LCSW - WPATH member CENTRAL COUNSELING SERVICES, MURIETTA 29970 Technology Dr, Murrieta, CA 92563 Phone: 951-778-0230 https://ccsmurrieta.com/</p>
<p>JULIE SIEGEL-TURNER, LCSW WPATH trained Gender Therapist Sliding scale, cash pay Riverside, CA 92506 Phone: 951-801-5954 www.psychologytoday.com/us/therapists/julie-naomi-siegel-turner-riverside-ca/420468</p>	<p style="text-align: center;">SPEECH AND VOICE THERAPISTS</p> <p>TINA BABAJANIANS, MS, Vocal Therapist Newport Beach, CA Phone: 323-825-9709 Email: hello@thevoicestylist.com www.thevoicestylist.com/services</p> <p>MICHELLE GRODON, MCSP - WPATH member 2900 Bristol St., Ste. B-103 Costa Mesa, CA 92626 Phone: 714-403-1721 www.mgspeech.com</p>
<p>THE GENDER AFFIRMATION PROJECT 5894 Magnolia Ave. Riverside, CA 92506 Phone: 951-289-5025 https://thegenderaffirmationproject.org/</p>	<p>INLAND EMPIRE LGBTQ+ CENTER at TruEvolution (Workshops, Discussions, Groups, & Events to come...) 3839 Brockton Ave. Riverside, CA 92501 Phone: 951-888-1346 Toll-free: 877-890-1169 Email: info@truevolution.org www.truevolution.org</p>
<p>KAISER SOUTHEN CALIFORNIA GENDER HEALTH SERVICES AND TRANSGENDER CARE Offers gender affirming surgery pathways, hormone therapy, gynecological services,</p>	

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<p>fertility preservation, mental health services, primary care, & case management.</p> <p>Phone: 323-857-3818 (M-F 7:30 am – 5:00 pm) Benefits and coverage: 800-464-4000 https://thrive.kaiserpermanente.org/care-near-you/southern-california/transgender/</p>	
<p>RIVERSIDE UNIVERSITY HEALTH SYSTEM <i>(RIVERSIDE COUNTY HEALTH)</i> TRANSGENDER HEALTH SERVICES – Specialty Clinic Medical and Surgical Center 26600 Cactus Ave. Moreno Valley, CA 92555</p> <p>Main Campus Community Health Center Women’s Health Center – 3rd Floor Contact: Daisy Mendez, Program Coordinator Phone: 951-988-9849 Email: d.mendez@ruhealth.org</p> <ul style="list-style-type: none"> • Accepts: Medi-Cal, IEHP, Molina <i>Authorization must read: RUH CHC OBGYN</i> • Endocrinology, vocal therapy, top and bottom surgery for MtF (no FtM), FFS, referrals for trach shaving and electrolysis <p>Physicians: Dr. Iqbar Munir, Dr. Almira Yang, and PA, Brittany Speer Behavioral health & TAY: Dr. Dalia Balsamo</p>	<p>VA LOMA LINDA LGBTQ+ VETERAN CARE VA Loma Linda Health Care</p> <ul style="list-style-type: none"> • Mental health services, including psychosocial assessments for hormone therapy and gender confirming surgeries • Creative arts therapies • Hormone therapy • Gender Affirming prosthetics • Testing, counseling, and care for HIV and STIs, including PEP and PrEP for Veterans at risk for HIV • Other prevention, screening, wellness, and testing services <p>https://www.va.gov/loma-linda-health-care/health-services/lgbtq-veteran-care/</p> <p>Jerry L. Pettis Memorial Veterans’ Hospital 11201 Benton St. Loma Linda, CA 92357</p> <p>Sommer Feliciano, LGBTQ+ Veteran Care Coordinator Phone: 909-894-7831 Email: Sommer.Feliciano@va.gov</p>
<p>TRANSGENDER AFFIRMING THERAPY, ORANGE COUNTY 17682 Mitchell N., Ste. 104 Irvine, CA 92614 Phone: 949-648-7991 Email: TransAffirmingTherapy@gmail.com www.transgenderaffirmingtherapy.com/</p>	<p>THE TRANSPOWER PROJECT by Queer Works</p> <ul style="list-style-type: none"> • Free mental health sessions • Connections to psychiatry • Letter writing • Online therapy available <p>1775 E. Palm Canyon Dr., Ste. 110-1032 Palm Springs, CA 92264 Phone: 760-824-5112 https://www.queerworks.org/transpower http://www.transpowerproject.com http://www.transpowerproject.com/resource-guides.html</p>

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<p>RAINBOW PRIDE YOUTH ALLIANCE YOUNG ADULTS AGES 18-26</p> <ul style="list-style-type: none"> • The Rainbow Pride Youth Alliance (RPYA) is a non-profit service organization for LGBTQ+ youth and allies in the Inland Empire. • Provides a safe space for young people to meet, make friends and participate in various weekly events and activities. • Offers support and resources for gender affirmation and community building. <p>https://rainbowprideyouthalliance.org/youngadults/</p>	<p>RIVERSIDE LGBTQ PRIDE, INC. PO Box 56012 Riverside, CA 92517 (951) 554-0783 https://www.riversideprideie.org/ https://www.riversideprideie.org/get-help/</p>
<p>LGBTQ BOOK CLUB – HYBRID CELLAR DOOR BOOKSTORE 473 E. Alessandro Blvd., Ste. B Riverside, CA 92508</p> <ul style="list-style-type: none"> • Meets the fourth Thursday of the month at 6 pm: Read and discuss books by or about members of the LGBTQ community. <p>Phone: 951-787-7807 Email: info@cellardoorbookstore.com https://www.cellardoorbookstore.com/book-clubs</p>	<p>LGBTQ CENTER OF ORANGE COUNTY (OC) 1605 N. Spurgeon St. Santa Ana, CA 92701 Phone: 714-953-5428 www.lgbtqcenteroc.org/</p>

24/7/365 GENDER AFFIRMING SUPPORT AND RESOURCES

<p>The Trevor Project Phone: 866-488-7386 www.thetrevorproject.org</p>	<p>Trans Lifeline Phone: 877-565-8860 www.translifeline.org/</p>
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FAMILY AND FRIENDS SUPPORT

<p>Palm Springs PFLAG www.pspflag.org</p>	<p>Riverside PFLAG www.pflag.org/chapter/pflag-riverside</p>
<p>Temecula PFLAG www.pflagtemecula.org/</p>	<p>Trans Family Support Group: www.transfamilysos.org/</p>

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& OTHER COMMUNITY RESOURCES**



INTERNATIONAL GENDER AFFIRMING SUPPORT & RESOURCES

<p>ASIA PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH (ASIAPATH) www.asiapath.org/</p>	<p>UNITED STATES PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH (USPATH) www.uspath.org/</p>
<p>EUROPEAN PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH (EPATH) www.epath.org/</p>	<p>WORLD PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH (WPATH) www.wpath.org/</p>

GENDER AFFIRMING APPS

<p>BLISS APP – Financial planning for transitioning www.bliss.lgbt</p>	<p>PLUME APP – Consult with a medical provider, get guidance and a prescription, all from your phone with this TGD-created gender-affirming service. www.getplume.co</p>
<p>EUPHORIA APP – Get support through your transition with this subscription service. www.euphoria.lgbt</p>	<p>SOLACE APP – Information and resources to guide transgender people through whatever process of gender transition you desire. www.solace.lgbt</p>
<p>FOLX APP - Folx is for everybody and every body. Specialized in experts in LGBTQ+ care. Delivered discreetly and directly to your door. Virtual healthcare. Estrogen. Testosterone. PrEP. www.folxhealth.com</p>	<p>TrueU APP – Personalized online hormone therapy for TGD folx. www.trueuclinic.com</p>

GENDER AFFIRMING JUSTICE AND LEGAL SUPPORT

<p>BET TZEDEK LEGAL SERVICES Transgender Legal Rights Program https://bettzedek.org/our-services/justice-for-transgender-individuals/ 3250 Wilshire Bl. 13th Floor Los Angeles, CA 90010 Phone: (323) 939-0506</p>	<p>EQUALITY CALIFORNIA Largest Statewide LGBTQ+ Civil Rights Organization https://www.eqca.org</p>
<p>NATIONAL CENTER FOR TRANSGENDER EQUALITY https://transequality.org/</p>	<p>SAGE: SERVICES & ADVOCACY FOR LGBT ELDERS 877-360-LGBT https://www.sageusa.org/</p>
<p>TRANSGENDER LAW CENTER https://transgenderlawcenter.org</p>	

**GENDER AFFIRMING ANTHEM-UC SHIP
IN-NETWORK THERAPISTS
& OTHER COMMUNITY RESOURCES**

