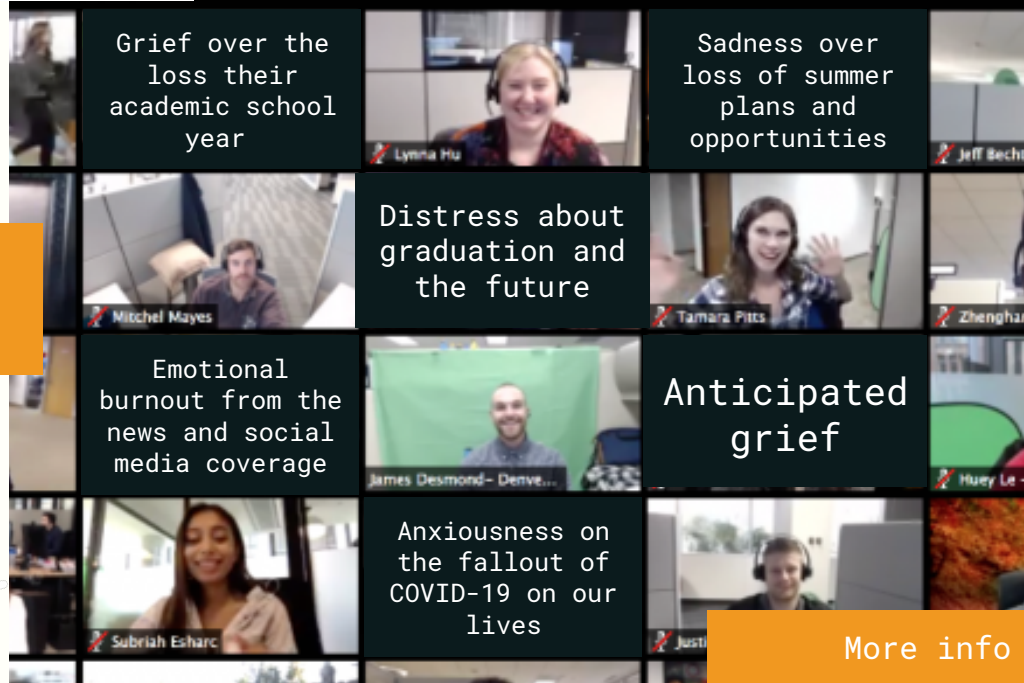


Your feelings are valid!

CAPS and The Well's Active Minds Present

TALKING CIRCLES are for students who experiencing...



More info →

Join a !

May 8th, 1:30PM to 3PM (PST)
For those processing the loss of a personal milestone or experience

May 19th, 5:30 to 6:30PM (PST)
For students grieving the end of their 2019-2020 school year experience

June 2nd, 11AM to 1PM (PST)
For graduating students to share their experience of COVID-19 and how it impacted the end of their undergraduate experience

RSVP Here!

suffering is not a competition. **Just because someone, somewhere may have it worse, it does not excuse or erase your pain.**